# 5<sup>th</sup> National Neonatal Nutritional Study Day

Venue: The UCH Education Centre, 1st Floor West, 250 Euston Road, London, NWI 2PG

**Date:** Thursday 14th June 2018 | 09:00 – 17:00

This very successful multi-professional study day will aim at exploring a range of topics related to the nutritional needs of premature and sick babies. Following talks from expert speakers, participants will have the opportunity to apply their knowledge to a range of case studies in small multi-professional groups.

Chaired by Dr Nick Embleton, Consultant Neonatologist in Newcastle & organised by Dr Angela Huertas, Consultant Neonatologist at UCLH

### **Topics**

- Principles of neonatal nutrition
- Parenteral and enteral nutrition
- NEC update
- What's new in nutrition research

#### Who should attend?

- Doctors working in Neonatology at all levels
- Paediatric & Neonatal Dieticians
- Paediatric Pharmacists
- Paediatric Gastroenterologists at all levels
- Paediatric & Neonatal Surgeons at all levels
- Paediatric & Neonatal Nurses
- Paediatric & Neonatal Speech & Language Therapists
- Any professional that manages the care of babies on a Neonatal Unit

## Comments from last year's study day:

- "A valuable, informative thought provoking and inspiring day"
- "Excellent study day thank you"
- "Well organised. Good range of speakers"
- "Knowledgeable speakers"

Poster submissions are welcome, even if it has been presented before. We will provide a place to display and an opportunity for a 'poster walk' during the day. Please submit an abstract (max. 350 words). There will be a prize for the best poster.

### Cost:

£150

• £125 - early bird

To register visit:

http://training.ucheducationcentre.org/home/viewcourse/253/

For more information please contact <a href="mailto:sonny.savage@nhs.net">sonny.savage@nhs.net</a>





## 5<sup>th</sup> N3 Neonatal Nutrition Network Study Day

Venue: The UCH Education Centre, 1st Floor West, 250 Euston Road, London, NWI 2PG

**Date:** Thursday 14th June 2018 | 08:00 – 16:30

08:00	Registration & Breakfast	
09:00	Welcome	Dr Angela Huertas, Dr Ann Hickey & Dr Nick Embleton
09:05	Introduction to N3	Dr Pam Cairns
09:15	Protein in preterm infants: not too much, not too little	Dr Nick Embleton
09:50	What is the ELFIN trial and what are the early outcomes?	Dr Janet Berrington
10:25	Coffee break	
10:50	How to start and increase feeds: latest data on impacts on sepsis, NEC and other key outcomes from SIFT and other RCTs	Professor Jon Dorling
11:15	NEC: No advances in 20 years, is it a single disease?	Dr Paul Fleming
11:40	What are the different routes for enteral feeding in babies?	Mr Joe Curry
12:15	Lunch	
13:15	Workshops: select two out of five offered (60 minutes each)	Dr Ann Hickey, Dr Nick Embleton & Dr Pam Cairns
WORKSHOPS	How to set up a nutrition round in your neonatal unit	Dr Chris Forster & Dr Laura Derooy
	The ins and outs of rolling out a standard PN	Dr Colin Morgan, Ms Lynne Radbone & Mr Steve Tomlin
	Early feeding – when, what & how	Ms Caroline King & Dr Shazia Hoodbhoy
	How to interpret abdominal X Rays when NEC is on the menu	Mr Joe Curry & Dr Angela Huertas
	What is the best way of feeding a baby after bowel surgery	Mr Jonathan Hind, Ms Kate Arnold & Dr Ann Hickey
15:15	Coffee break	
15:30	Neonatal growth patterns and SITAR growth curves	Professor Tim Cole
16:00	Evaluation & close	Dr Ann Hickey, Dr Angela Huertas, Dr Nick Embleton & Dr Pam Cairns





