

8th Neonatal Nutrition Network Study Day

Virtual meeting on Zoom via UCH Education Centre

Date: Thursday 16th June 2022 | 09:30 – 16:30

This very successful multi-professional study day will aim at exploring a range of topics related to the nutritional needs of premature and sick babies. Following talks from expert speakers, participants will have the opportunity to apply their knowledge to a range of case studies in small multi-professional groups.

Chaired by Dr Mark Johnson, Consultant Neonatologist, Southampton

Organised by Dr C. Kortsalioudaki, Dr Chris Forster, Dr Ann Hickey, Ms Pam Stepney, Dr Mark Johnson

Topics

- Updates on neonatal nutrition
- Metabolic bone disease
- Update in nutrition research
- NEC and HMOs
- Fortifiers
- Preterm infant growth
- Optimal energy and glucose requirements
- Post op guidelines for feeding
- Feeding challenges for the NICU patient
- Enteral feeding and gastric residuals
- NEC vs SIP

Who should Attend?

- Any professional involved in the care of babies in neonatal units
- Paediatricians and Neonatologists at all levels
- Paediatric & Neonatal: Gastroenterologists, Surgeons, Pharmacists
- Dietitians, Nurses, Speech & Language Therapists and Occupational Therapists

Cost:

- **£50**

To register visit:

<http://training.ucheducationcentre.org/home/viewcourse/599/>

For more information please contact

Uclh.educationcentre@nhs.net



09:30—09:35	Start & Introduction to the day	Mark Johnson
Chair: Dr Mark Johnson		
09:35—09:45	Introduction to N3	Chris Forster
09:45—10:10	Risks vs Benefits of parenteral nutrition	Shazia Hoodbhoy
10:10—10:35	Do HMOs prevent NEC; should we use supplements	Janet Berrington
10:35—11:00	Optimal glucose concentrations in preterm infants	Kathy Beardsall
11:00—11:15	Coffee Break/Live Q&A—Chair Dr Christina Kortsalioudaki & Dr Ann Hickey	
11:15—12:15	Workshops	
12:15—13:00	Lunch	
	Chair— Dr Ann Hickey	
13:00—13:25	Milk Bio Nutrient trials; opportunities and challenges	Nick Embleton
13:25—13:50	How much energy do preterm babies need	Mark Johnson
13:50—14:20	Feeding challenges and support for the NICU patient	Katie Norburn & Sophie Phillips
14:20—14:35	Tea Break/Live Q&A— Chair Dr Christina Kortsalioudaki & Dr Chris Forster	
14:35—15:35	Workshops	
	Chair—Professor Nick Embleton	
15:35—16:15	Preterm infant growth: what should we expect and how much does growth predict neurodevelopment?	Tanis Fenton
16:15—16:30	Close	Mark Johnson, Christina Kortsalioudaki & Chris Forster
	List of workshops	
	<i>Grading in enteral feeds</i>	<i>Shalini Ojha, Stephanie Tagani & Carmen Bell</i>
	<i>Gastric residuals— what to do</i>	<i>Jon Dorling & Kelly Watson</i>
	<i>Fortification— when to use in hospital and post discharge</i>	<i>Mark Johnson, Kate Arnold & Carolina Zorro</i>
	<i>Metabolic Bone Disease</i>	<i>Chris Forster & Shazia Hoodbhoy & Jaimie Buckley</i>
	<i>NEC vs SIP— How do you separate focal perforation and NEC</i>	<i>Janet Berrington & Nigel Hall</i>
	<i>Research in Neonatal Nutrition</i>	<i>Luise Marino & Nick Embleton</i>
	<i>How to optimise feeding following abdominal surgery (incl specialised formulas)</i>	<i>Ann Hickey & Karen King</i>
	<i>Feeding challenges for the NICU graduate</i>	<i>Pam Stepney & Christina Kortsalioudaki & Katie Norburn</i>