

# Neonatal Nutrition Network (N3) Spring Meeting

## Tuesday 25<sup>th</sup> March 2025 | 13.15 – 17:00 | Online Webinar

### 13.15 **Welcome & Introduction**

Mark Johnson, Consultant Neonatologist  
University Hospital Southampton

Christina Kortsalioudaki, Consultant Neonatologist  
University College London Hospital

Chris Forster, Consultant Neonatologist  
Leeds Teaching Hospital

**Webinar Chairs: Mark Johnson and Christina Kortsalioudaki**

### 13:25 **Exclusive mother's own milk feeding in neonatal units in England and Wales: associations with maternal socio-demographic characteristics**

Shalini Ojha, Professor of Neonatal Medicine  
University of Nottingham

### 14:05 **Vitamin and mineral supplementation : from international recommendations to practical guidance**

Louisa Whitfield, Dietitian  
Newcastle Upon Tyne NHS Trust

### 14:35 **Milk as medicine: Human milk for neurologic injury + other human milk therapeutics**

Rebecca Hoban, Associate Professor of Paediatrics  
Seattle Children's Hospital Division of Neonatology, University of Washington

### 15:15 **Break**

### 15:25 **The PUFFIN trial – powdered human based vs powdered bovine based fortification**

Janet Berrington, Consultant Neonatologist  
Newcastle Upon Tyne NHS Trust

Maria Cifuentes Nino, 2<sup>nd</sup> Year PHD Student  
Stewart Lab / Newcastle University

### 16:00 **Experience on nutrition and growth in surgical infants- an experience from two centres**

Emma Gentles, Clinical Specialist Dietitian (Neonatology)  
Children Health Ireland

Mark Johnson, Professor of Child Health  
University Hospital Southampton

### 16:40 **Panel Discussion**

Chaired by Chris Forster, Pam Stepney and Shalini Ojha

### 17:00 **Closure**

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#### Webinar Fees

Nursing & AHP Rate: £20 | Doctor Rate: £30

#### Course Enquiries

[uclh.educationevents@nhs.net](mailto:uclh.educationevents@nhs.net)

